

**Unofficial Practice Ice at Pleasant Arena
January 20-26, 2008**

Unofficial practice ice will go on sale at 9 a.m. on Friday, January 18, 2008 in the Registration/Credentialing room* at the Crowne Plaza – Riverfront Saint Paul. It will be sold on a first come, first served basis.

The sessions are 40 minutes long and are segmented by disciplines (Men's, Ladies, Pairs, Dance), but not by levels (Novice, Junior, Senior). The cost is \$20.00 per skater or \$40.00 per team per session. Payment is due at the time ice is reserved. The singles and dance practice sessions will have a maximum of 10 skaters while pairs practice sessions will have a maximum of 8 skaters.

Pleasant Arena is serviced by the 2008 U.S. Figure Skating Championships' Red Line shuttle system. Only credentialed individuals will be allowed in the rink at the time of the practice.

Rink Location:

Pleasant Arena
848 Pleasant Ave
Saint Paul, MN 55105

*Registration/Credentialing is located in Kellogg Suites I, II & III on the main floor of the Crowne Plaza.

Sunday, January 20		Discipline	Time
Session1	Men		6:30 AM
2	Men		7:10 AM
3	Pairs		8:00 AM
4	Pairs		8:40 AM
5	Ladies		9:30 AM
6	Ladies		10:10 AM
7	Dance		8:00 PM
8	Dance		8:40 PM
9	Ladies		9:30 PM

Monday, January 21			
10	Dance		6:30 AM
11	Dance		7:10 AM
12	Pairs		8:00 AM
13	Pairs		8:40 AM
14	Ladies		9:30 AM
15	Men		10:10 AM

Tuesday, January 22			
16	Ladies		6:30 AM
17	Ladies		7:10 AM
18	Dance		8:00 AM
19	Dance		8:40 AM
20	Men		9:30 AM
21	Men		10:10 AM
22	Pairs		6:00 PM
23	Pairs		6:40 PM
24	Pairs		7:30 PM
25	Dance		8:10 PM
26	Men		9:00 PM

Wednesday, January 23			
27	Men		6:30 AM
28	Ladies		7:10 AM
29	Dance		8:00 AM
30	Dance		8:40 AM
31	Pairs		9:30 AM
32	Ladies		8:00 PM
33	Ladies		8:40 PM
34	Men		9:30 PM

Friday, January 25			
35	Ladies		8:00 AM
36	Men		8:40 AM
37	Dance		9:30 AM
38	Pairs		10:10 AM